

IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION

Rules and Regulations



General

Any school may narrow the scope of its activities and have rules governing participants in addition to these rules, provided the same do not conflict with or violate the IHSAA rules.

Enrollment and Attendance

1. A student on a school team shall be enrolled in the school sponsoring that team unless it is involved in an approved cooperative school program.
2. A student is entitled to athletic eligibility for eight consecutive semesters after the student first enrolls in the ninth grade. The semesters of eligibility continue to be spent even though a student might not participate every semester.
3. In order to be eligible for interscholastic athletic competition during any semester, the student must enroll in and attend school no later than the eleventh school day of the semester.
4. No student shall be permitted to participate in more than four seasons in Idaho of any one activity at the high school level.

Non-School Participation

A student who participates in organized non-school sports competition after the starting date of the high school season in that sport, except as provided in rule 12, is ineligible for the school team for the remainder of that sport season.

Practice Before Contests

A student must have ten days of practice prior to the 1st contest of an interscholastic athletic competition sports season. The ten days are not required for athletes who have been participating in an IHSAA sanctioned sport immediately preceding the start of practice providing the preceding season extends beyond the beginning of the current season. Participation in the physical education classes does not constitute practice. Practices on Sundays cannot count toward the ten days of practice.

Conduct and Discipline

The conduct of the contestants and school spectators at all IHSAA sponsored activities shall be such that it does not bring discredit to the school or the Association. Such conduct must not disrupt the discipline, order, safety, or educational environment of high school activities.

The member school principal is responsible for initiating appropriate disciplinary measures against students or school personnel for improper or unethical practices. A report of such action shall be forwarded to the Executive Director.

Academic

1. To be academically eligible for athletics, a student must be enrolled full time and have received passing grades and earn credits in at least five (5) full-credit subjects, or the equivalency, in the previous semester or grading period for which credit is granted.
2. An incomplete or conditional grade received at the end of a semester counts as a failure until the deficiency is removed.

Age

A student becomes ineligible for athletics on their twentieth birthday. This rule is non-appealable. All-Star competition

Only those students who have entered the 12th grade may participate in any all-star benefit, or similar contests. Such contests may not be held during the IHSAA season.

Amateur Status

A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur athlete is one who engages in athletic competition solely for the physical, mental, social, and pleasure benefits derived there from. An athlete forfeits amateur status in a sport by competing for money or by receiving any prize, award, or give of monetary value greater than twenty five (\$25.00) dollars.

Restrictions

Moving to another school district or school does not remove an ineligibility ruling by the receding school or the Eligibility Committee.

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Transfers

A student is eligible at the school the student enters for the first time at the beginning of the ninth grade. A student who changes from one school to another school there after is subject to the regulation under this transfer rules.

Bona Fide Move

If the parents of a student, or legal guardian in case neither parent is living, make a bona fide move to a new permanent residence in the attendance area of the new school to which the student transfers, the student is immediately eligible providing an Athletic Transfer Form is submitted and approved.

Transfer without a Parental Move

A student who changes schools without an accompanying move on the part of the student's parents will be ineligible for interscholastic extracurricular activities for one year from the date of initial enrollment and attendance in the new school.

Independent Student

A student who is "on his/her own" and not dependent upon a parent or a guardian for a home and who transfers from one school to another, is required to attend one calendar year from attendance in the new school before becoming eligible.

Transfer between Public and Private Schools

A student who transfers to, from, or between a public and private school is ineligible until one calendar year from the date of initial enrollment and attendance in the new school, unless there is a corresponding bona fide change of residence of the student's parents to the school attendance area to which the student is transferring.

Physical Exams

Idaho High School Activities Association requires that an athlete receive a physical examination prior to their 9th and 11th grade year. The IHSAA provides a copy of the Idaho Health Examination and Consent Form for the schools. The physical must not have been conducted prior to May 15th of the 8th or 10th grade.

The Interim Questionnaire is a consent form for the 10th and 12th grades to be completed by the parents of the athlete. A copy is to be given to the principal of the school. A copy may be retained by the parents. In the 10th and 12th year, this consent form is to be completed for the up-coming year of participation.

Rules Violations

For violation of the rules, a student may be declared ineligible for participation in interscholastic athletics for such a period as deemed appropriate, but not to exceed one calendar year.

Lakeland School District strongly recommends every athlete receive a complete physical examination annually by a family physician.

Parent / Guardian signature

Date

Student signature

Date